



TERMS AND CONDITIONS

A. Responsibility

1. Declaration of Health and Fitness

I hereby represent that I am in good physical health and do not suffer from any known medical condition, illness, or injury that would prevent my safe participation in this event. I have consulted with a physician regarding any pre-existing conditions and have obtained medical clearance to participate, if deemed necessary.

2. Assumption of Risk

I understand and voluntarily accept and assume all risks, known and unknown, associated with my participation in the event. These risks include, but are not limited to, personal injury, illness, permanent disability, death, and property damage, arising from the activities involved in the program, even if caused by the negligence of the Released Parties (as defined below).

3. Release of Liability and Waiver

In consideration of being permitted to participate in this event, I, on behalf of myself, my heirs, executors, administrators, and assigns, HEREBY FOREVER RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE Jeevan Vigyan USA, its officers, directors, employees, volunteers, agents, and representatives (the "Released Parties") from any liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, illness, or injury, including death, that may be sustained by me during my participation in the event, whether caused by the negligence of the Released Parties or otherwise."

4. Indemnification

I further agree to INDEMNIFY and HOLD HARMLESS the Released Parties from any loss, liability, damage, or cost they may incur arising out of or in any way connected to my participation in the event, including any claims brought by a third party.

5. Medical Treatment Authorization

In the event of a medical emergency, I authorize Jeevan Vigyan USA to secure, at my own expense, any necessary medical treatment or transportation for my well-being. I accept full financial responsibility for any such costs incurred.

B. Rules for Chakra Sadhana Participants to Strictly Follow

1. Access and Attendance

- 1.1. An identity card is mandatory to enter the Chakra Sadhana hall.
- 1.2. It is not permitted to leave the meditation hall while the Chakra Sadhana is in progress.
- 1.3. When parking vehicles, they must be parked safely within the meditation center premises or in the designated area. Furthermore, you may only enter the hall after ensuring your vehicle is completely locked.

2. Silence and Decorum

- 2.1. Complete silence must be maintained in the Sadhana hall, except when in dialogue with Sadgurudev.
- 2.2. Complete silence must be maintained in the Sadhana hall, except for the designated time to ask questions to Sadgurudev. As far as possible, complete silence should also be maintained during meal times.
- 2.3. Every participant must align their seating position in a straight line with the participants in front, behind, and to the left and right. Your cushion, notebook, and pen should be kept neatly. After each day's Sadhana, the cushion must be placed in its designated spot.
- 2.4. The positive feelings, thoughts, and actions of every participant help accumulate energy in the meditation hall for Sadhana. Therefore, everyone is requested to treat one another with loving behavior, a friendly demeanor, and to use gentle speech.

3. Personal Preparation and Attire

- 3.1. Mobile phones must be completely switched off before entering the Sadhana hall.
- 3.2. Participants must wear loose, comfortable clothing suitable for practicing yoga, meditation, and kriyas.
- 3.3. Shoes, slippers, etc., must be removed and kept in the designated area. Furthermore, each person must use only their own footwear.
- 3.4. Only the slippers placed outside the toilet are to be used when using the restroom.

4. Hygiene and Cleanliness

- 4.1. Drinking water and consuming food inside the Sadhana hall are strictly prohibited.
- 4.2. After use, attention must be paid to leaving the toilet in a clean state.
- 4.3. After finishing breakfast, lunch, and dinner, any leftover food, used plates, spoons, cups, and napkins must be disposed of in the designated areas.

5. Food and Accommodations

- 5.1. Participants who require special meals due to fasting or health reasons must inform the management in advance.

- 5.2. After finishing breakfast, lunch, and dinner, any leftover food, used plates, spoons, cups, and napkins must be disposed of in the designated areas.
- 5.3. Individuals who wish to volunteer during breakfast and meal times can contact the management.

6. Use of Electronics and Recording

- 6.1. Inside the Sadhana premises, it is not permitted to take pictures, or record video or audio during the Sadhana period (except during meal times).

7. Overall Cooperation and Support

- 7.1. In addition to the above rules and information, all practitioners are humbly requested to voluntarily participate and assist in fostering personal conduct, mutual harmony, the expansion of spiritual sentiment, and the overall conducive atmosphere of the meditation and Sadhana area.

C. Refund and Cancellation Policy

1. Refund Policy

1.1 Non-Refundable Fees: Event fees paid to Jeevan Vigyan USA are non-refundable once the event has commenced.

1.2 Cancellation Before Event Start: If a participant cancels their registration before the event start date, they may receive a refund minus a 20% administrative fee. The remaining amount will be refunded.

2. Cancellation Policy

2.1 Cancellation by Jeevan Vigyan USA: If Jeevan Vigyan cancels an event, participants will be notified promptly, and the event fee will be refunded in full. However, Jeevan Vigyan USA will not be liable for any additional expenses incurred by participants.

2.2 Participant-Initiated Cancellations: Participants can cancel their registration at any time by submitting a written cancellation request.

2.3 Refund Processing: Approved refunds will be processed within 10 business days from the date of approval.

3. Transfer of Enrollment

3.1 Request for Transfer: Participants may request to transfer their registration to another event offered by Jeevan Vigyan USA, subject to availability and approval.

3.2 Transfer Fee: A transfer fee of \$5 applies to each transfer request.

4. Refund or Cancellation Request Process

4.1 Submission: All refund or cancellation requests must be submitted in writing via email or phone:

- Email: contact@jvusa.org

- Phone: +1-703-791-9357

4.2 Required Information: Include your full name, event name, and a detailed explanation of your request.

5. Contact Information

For inquiries about this policy, contact us via email at contact@jvusa.org or call: +1-703-791-9357

6. Policy Changes

Jeevan Vigyan USA reserves the right to modify this Refund and Cancellation Policy at any time. Changes will take effect immediately upon publication on our official website.

After entering the Sadhana hall, if you have any suggestions or encounter any unexpected problems, please get in touch with a volunteer or a member of the program management committee in the contact room.